Post 8385

MAY 2024

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Facebook:

VFW Post 8385 James Jarret Brown

Website: www.vfw8385.org

Veteran Crisis Line: I-800-273-8255 Text 838255

Deaf: 1-800-799-4889

2024 MAY EDTION



James Jarret Brown VFW Post 8385 Newsletter

FROM THE COMMANDER:

Greetings from the Commander, Hope everyone is doing well. I wanted to thank all of those that help around the Post with all the different events that are going on. The post has started doing Wednesday night dinners, please sign up on the bulletin board. The Auxiliary continues to impress with their Tuesday night dinners, and if you have not been coming out to support, you are missing out.

We held elections for our officers for next year at our last meeting. Congratulations to those elected and to those that will be appointed to positions by our new Post Commander, Ms. Patsey. We are coming close to the end of this VFW year and would like to go out strong. We are doing well, regarding membership, but the year is not over, so let us keep it up. Reach out to those annual members or those that you have not seen in a while and let us get them back. It has been a pleasure serving as your Post Commander this year, and I appreciate all the support that I have received.

Thank you all for everything you do. Remember our mission, Veterans helping Veterans.

Benjamin Atkinson

FROM THE AUXILIARY PRESIDENT:

NO INPUT

FROM THE POST ADJUTANT:

Greetings Comrades, Brothers, and Sisters,

First, I want to apologize for the delay with the Newsletter.

Here are our newly elected 2024-2025 Officers.

Commander: Patsey Schreiber Sr. Vice Commander: Christina Wetz Jr. Vice Commander: Billy Sopp Quartermaster: Roger Rillo Chaplain: George Tweedy 3Year Trustee: Eric Hughes 2Year Trustee: David Grimes 1Year Trustee: Scott Abernathy Elected House Committee: Jessie Wayne Davis, Tom Eddleman, Tom Drumm, and Joe Hott

Safety input next month starts our hurricane season make sure you follow all announcements from the Emergency Management in your area, plus make sure you get all your supplies needed way before hand, not at the last minute and make sure your generators are in good working order.

We must focus on our mission as VFW Members:

We must:

- Take care of our members and their families
- Stay current on veterans' issues and advocate on the local, state, and federal level
- Be involved in our local community by leading and partnering with other veterans and local organizations
 Be the organization that our community thinks of when they think of veterans.

Dave Worthen

THE CHAPLAIN'S CORNER:



In this month of the Chaplain corner, I

would like to talk about a subject that many people are suffering from and that is depression.

The brain is unique—it is the only organ whose function we consciously experience because the brain is the organ of the mind. Illnesses of the mind-brain affect tens of millions of people in the United States. Depression is by far the most prevalent, representing 99% of all mind-brain illness. Depression affects over 18 million (one in ten) in any given year. Currently there are 22 veterans that commit suicide every day.

Depression has been in existence for centuries. The bible tells many stories about depression, matter of fact the book of Psalms is loaded with depression. Most of the Psalms are thought to be written by King David who penned many of them during extremely low points of his life.

I know that our post members may be struggling with depression, and I just wanted to let you all know that God acknowledges your problems whether physical, or emotional "Come to me, all who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light" (Matthew 11:28-30). If you know someone is in distress, or you feel like they are at risk of suicide, or is having a crisis related to mental health, substance use, or a developmental disability you can call 988 for immediate help. Below are some services that you can contact for additional help.

Georgia Crisis & Access Line (GCAL)

Call: 1.800. 715.GCAL (1.800.715.4225) | Text or Chat: MyGCAL App

Call for access services or for immediate crisis support. Trained, caring professionals are available to assist with emotional, mental health, substance use, and developmental disability needs, 24 hours a day, 7 days a week.

Crisis Text Line

Text: GA to 741741

Veterans & Military Crisis Line

Call: 1.800.273.8255 and Press 1 | Text: 838255 | Chat: Chat online

Confidential support for Veterans, Active Military, and their Families and Friends.

Remember that I am here for any post member who needs someone who will just listen. here is some advice if you feel depressed open the "good book" you will be amazed what you will find". Love you all!

V/r George Tweedy VFW Post 8385 Chaplain. VFW District 7 Chaplain.

VFW POST RIDERS GROUP:

Hello from the Riders Group,

VFW 8385 Riders Group at GLYNCO Airport supporting the Honor Flight.



Congratulations to the newly elected and appointed officers for the 2024-2025 season.

President John Strugala VP James Jones Chaplain George Tweedy Sgt at Arms Jodi Howell Sr. Road Captain Adan Monrel Road Captain Matthew Draluck Road Captain Dave Murphy Secretary Ron Brown Safety Officer Joe Perry

John (Bulldog) Strugala VFW 8385 Riders Group President

BOY SCOUT TROOP 8385

The newest Eagle Scout has hatched from Troop 8385. Congratulations to Joe Roddenberry.



SUGGESTIONS/RECOMMENDATIONS

Do you have an idea that would help the Post? Want to come up with an event that allows us to better help Veterans and their families?

If you do, and would like to suggest or recommend something, write it out and drop it in the blue box by the office door.

The House Committee will review/discuss during their regular monthly meeting, the meeting is open to all post members. The House Committee Meeting always falls on the 2nd Thursday at 1730.

CALENDAR OF EVENTS:

VFW 8385 Riders Group 150 Camden Woods Pkwy. Kingsland, GA





Per Adult

3 PANCAKES SAUSAGES or BACON COFFEE - JUICE The House Committee Meeting May 16th 2nd Thursday at 1730. The House Committee Meet is open to all POST MEMBERS.

Post & Aux. Meeting is on May 23 at 6pm.

MAY 18TH we will be meeting at the Oak Grove Cemetery to replace flags on our fallen hero's graves meet up time will be at 8am. Rain Day will be 25th May.

Memorial Day Ceremony will be held at the Oak Grove Cemetery in St. Marys on May 27th at 10 am and the ceremony will move to the Waterfront at the Fountain for the Subvets memorial ceremony. After the ceremonies we will be having hamburgers and hotdogs.

Post Wednesday dinners is now called Commander's choice.